

Real Salt Lake Youth Camps

2009 REAL SALT LAKE YOUTH CAMPS

“TRAINING TOMORROW'S PROS TODAY”

Program Concept Real Salt Lake strives to provide an opportunity for all youth players to be coached by talented and gifted coaches and to help players at any level develop a love and passion for the sport of soccer. In doing so, we want the players to participate in a professional environment that is similar to the top youth academies in the world by attending one or all of the RSL Camps. Real Salt Lake Players are assigned to locations based on their availability and the team's game schedule

Locations (circle one)

Centerville Community Park
1350 North 400 West

Deseret Peak Soccer Fields, Tooele
2930 W. Highway 112

Sertoma Park, Provo
400 East 2320 North

East Churchill Jr. High, Salt Lake City
3450 E. Oakview Dr.

Cedar Ridge Middle School, Logan
65 N. 200 W.

Lone Peak Park, Sandy
10140 South 700 East

Box Elder Middle School, Brigham City
18 South 500 East

West Jordan Soccer Complex, Field B and C
4000 West 7800 South

Camp (check one)

- Mini Kickers Camp (ages 4-8): 9:00 am – 10:30 am; \$90
- Goalkeeper Camp (ages 9-18): goalkeepers only; 1:00 pm – 3:00 pm; \$150
- Skills Camp (ages 9-18): 9:00 am – 12:00 pm; \$115
- Strikers Camp (ages 10-18): 1:00 pm – 3:00 pm; \$150

Camp T-shirt size (check one)

- YS YM YL S M L

Registration & Payment—Registration available online at www.RealSaltLake.com

Each camp has limited space.

Please make checks payable to “Real Salt Lake” or provide credit card details:

I wish to pay: (check one) Check Visa MC AMEX Discover
CC#: _____ EXP: _____ Amount: _____ Card Holder: _____

Mail this form with payment to:

Real Salt Lake Youth Camps
9256 South State Street, Sandy, UT 84070

Cancellation Policy: After registering, players who cannot attend will be charged \$50.00 cancellation fee.

Player Information

Player Name: _____
 (First) (Last)

Age: _____ Date of Birth: _____ Parents Names: _____

Email: _____

Home Phone: () _____ Emergency Contact: () _____

Address: _____
 (Street Address) (City) (State) (Zip)

Waiver/Medical Release

I hereby release Real Salt Lake, Utah Soccer LLP and its partners from any and all claims and liability of any kind of personal injury or property damage due to participation in this camp. I understand that participation in sports camps include physical contact and certify that my child is in good health and able to participate in all activities. I agree to notify the coaching staff of any pre-existing medical or psychological conditions. I give my consent for my child to be photographed or video taped while participating in clinic activities and for the resulting images to be used by Real Salt Lake, Utah Soccer LLP and its partners for promotional purposes.

I acknowledge that I have read and fully understand the medical release and waiver.

Parent/Guardian Signature: _____ Date: _____

Sibling Discount:

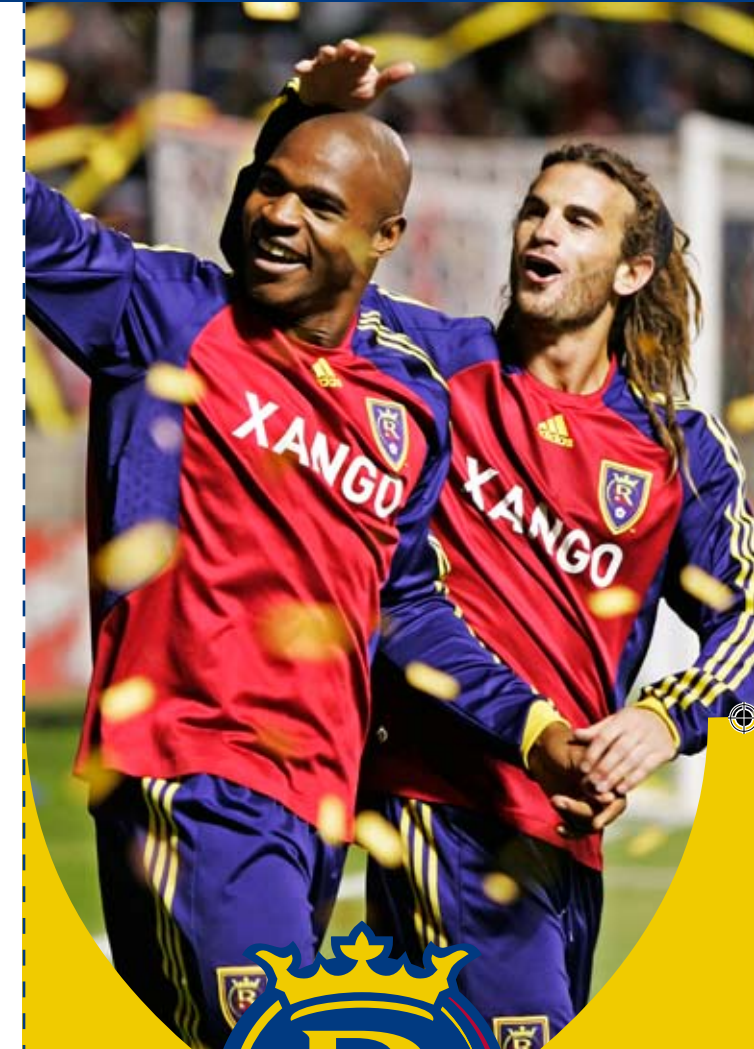
If two (2) or more participants from the same family enroll in one or more Real Salt Lake youth camps, a \$10 discount will be given to each player. Siblings must register at the same time to qualify for the discount.

Team Discount:

If 10 or more players from the same team register for any Real Salt Lake youth camp, a \$10 discount will be given to each player. The team and coach's name must be written on the registration form at time of registration.

Only one discount is available per player—either sibling or team. Discounts may not be combined.

To maintain a standard of excellence, Real Salt Lake reserves the right to close registration upon the camp being sold out. Questions? Please contact Teresa Nelson at 801.727.2714, for Spanish call 801.727.2727



TRAINING TOMORROW'S PROS TODAY

www.RealSaltLake.com

9256 South State Street
Sandy, UT 84070



REAL YOUTH SKILLS CAMP

9:00-12:00 pm
[AGES 9-18]

The **Real Youth Skills Camps** have several curriculums, which are specifically designed by age, ability, and playing experience. The Real Youth staff feels that structured curriculums will ensure that, each session, players will develop based on age, skill level, and gender. The training is modern and will utilize the latest training methods and equipment. The Real Youth Skills Camp will focus on the following areas and more:

- Speed/Agility training
- Technical coordination
- 1v1 moves
- Defending
- Shooting
- Receiving
- Passing
- Skills competitions
- 3v3 tournament
- **Cost \$115**

COST INCLUDES

- Official Real Salt Lake Camp T-shirt
- Individual player evaluation
- Ticket for Real Salt Lake home game
- 15 hours of instruction



The Camp summer program will be launched by RSL Director of Youth Camps Rob Karas. Coach Karas has earned several national licenses and diplomas, his achievements in coaching include the United States Soccer Federation (USSF) National "A" License, the

NSCAA International Premier Diploma, the USSF National Goalkeeper License, the USSF National Youth License and the NSCAA Director of Coaching Diploma. With over 10 years of playing professional soccer, Coach Karas also spent 3 seasons with some of Europe's best soccer organizations such as Barcelona FC, AC Milan, Cheivo Verona, Atalanta, AJAX, PSV and Haarlam and Hercules.

REAL YOUTH STRIKERS CAMP

1:00-3:00 pm
[AGES 10-18]

The **Real Youth Striker Camp** is one-of-a-kind. The Real Staff uses modern day training methods and equipment, including the use of Pro Soccer Trainer Ball Machines that allow players to get hundreds to thousands of repetitions shooting on goal. In addition each player will also be video analyzed on striking a ball on goal. This program will also cover the following areas:

- 1v1 dominating an opponent
- Shooting penalty kicks
- Shooting free kicks
- Instep drives
- Side volleys
- Banana kicks
- Chip shots
- Breakaway finishing
- Bicycle kicks
- Full volleys
- Half volleys
- Diving headers
- Corner kicks
- **Cost \$150**

COST INCLUDES

- Official Real Salt Lake Camp T-shirt
- Individual player evaluation
- Ticket for Real Salt Lake home game
- 10 hours of instruction
- Individual video analysis

Centerville Community Park
1350 North 400 West

Deseret Peak Soccer Fields, Tooele
2930 W. Highway 112

Sertoma Park, Provo
400 East 2320 North

REAL YOUTH GOALKEEPER CAMP

1:00-3:00 pm
[AGES 9-18]

The **Real Youth Goalkeeper Camp** uses many of the modern training methods that are used throughout the United States and Europe. Each player is challenged to refine his or her technique, develop a better sense for the goalkeeper's role in the game, and learn how to push themselves to reach higher levels of performance each time they step on the field. Each player will have individual video analysis on different aspects of his or her game. During this intense week, players will work on developing the following:

- Dealing with crossed balls
- Collapse and extension diving
- Reaction and anticipation
- Dealing with breakaways
- Footwork
- Distribution with hands and feet
- Posture
- Catching and handling
- **Cost \$150**

COST INCLUDES

- Official Real Salt Lake Camp goalkeeper jersey
- Individual player evaluation
- Ticket for Real Salt Lake home game
- 10 hours of instruction
- Individual video analysis

East Churchhill Jr. High, Salt Lake City
3450 E. Oakview Dr.

Cedar Ridge Middle School, Logan
65 N. 200 W.

Lone Peak Park, Sandy
10140 South 700 East

REAL MINI KICKERS CAMP

9:00-10:30 am
[AGES 4-8]

The goal of the **Real Mini Kickers Camp** is to improve closed and open motor skill movements. The staff will implement energy, movement, and imagination so that your child will not only learn the basics of soccer but enjoy the game as well. You will enjoy watching your child compete, laugh and learn to love the world's game.

- Official Real Salt Lake Camp T-shirt
- One Ticket for a Real Salt Lake home game
- **Cost \$90**

DATES & LOCATIONS

JUNE 15-19 Centerville, Centerville Community Park

JUNE 22-26 Brigham City, Box Elder Middle School

JULY 6-10 West Jordan, West Jordan Soccer Complex Fields B And C

JULY 13-17 SLC-East, Churchill Jr. High

JULY 20-24 Tooele, Deseret Peak Soccer Fields

JULY 27-31 Sandy, Lone Peak Park

AUGUST 3-7 Logan, Cedar Ridge Middle School

AUGUST 10-14 Provo, Sertoma Park

Box Elder Middle School, Brigham City
18 South 500 East

West Jordan Soccer Complex, Field B and C
4000 West 7800 South